SEPTEMBER 2016

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Inspiring Personal Inde	29 pendence	ORCA YOUTH OPEN HOUSE Twin Lakes 4:30-6:00pm	31	HC Yoga 6-8pm	2	3
4	5 Labor Day ORCA Office Closed No School	AC Kayaking 3:45-5:45pm	7 MAC/YAC Kayaking 2:30-5:00pm	8 HC Yoga 6-8pm	JAMHI Glacier Gardens 1-3pm	10
11	12	AC Outdoor Explorers 3:45-5:45pm	MAC/YAC Outdoor Explorers 2:30-5:00pm	HC Yoga 6-8pm	16	Discover Eaglecrest Day!
18	19	AC SLAM 3:45-5:45pm	MAC/YAC SLAM 2:30-5:00pm	HC Yoga 6-8pm	JAMHI Outdoor Adventure 1-3pm	24
25	26	AC Biking 3:45-5:45pm	MAC/YAC Biking 2:30-5:00pm	HC Yoga 6-8pm	**Activities are su	ıbject to change.

This program is partially funded by the citizens of the City & Borough of Juneau through sales tax revenues.

OCTOBER 2016

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Inspiring Personal Indepe	<u>E</u>	subject to change.				1
2	3	AC Outdoor Explorers 3:45-5:45pm	5 MAC/YAC Outdoor Explorers 2:30-5:00pm	6 HC Rock Climbing 6-8pm	7 JAMHI Yoga 1-3pm	8 Annual SAIL Auction & Dinner Centennial Hall 6-9pm
9	10	AC Rock Climbing 3:45-5:45pm	MAC/YAC Rock Climbing 2:30-5:00pm	HC Rock Climbing 6-8pm	JAMHI St. Therese Shrine 1-3pm	15
16	17	Alaska Day ORCA Office Closed No School	No ORCA Activities			22
30	24 31 Halloween	AC Rock Climbing 3:45-5:45pm	MAC/YAC Rock Climbing 2:30-5:00pm	HC Rock Climbing 6-8pm	28	29

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NOVEMBER 2016

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Inspiring Pers	Sonal Independence	AC Outdoor Explorers 3:45-5:45pm	2 MAC/YAC Outdoor Explorers 2:30-5:00pm	3 HC Swimming 6-8pm	JAMHI UAS Library 1-3pm	5 JSC Ski Sale ORCA Ski/SB Booth Centennial Hall 9am-12pm
6	7 SAN D	8 EIGO!! Ages 1	9 No School 18 and Older	No School	Veteran's Day ORCA Office Closed No School	12
13	14	AC Rock Climbing 3:45-5:45pm	MAC/YAC Outdoor Explorers 2:30-5:00pm	HC Swimming 6-8pm	JAMHI Auke Rec 1-3pm	19
20	21	AC Outdoor Explorers 3:45-5:45pm	MAC/YAC Outdoor Explorers 2:30-5:00pm	24 25 Thanksgiving Holiday ORCA Office Closed No School No School		26
27	28	29 AC Outdoor Explorers 3:45-5:45pm (ORCA Staff	MAC/YAC Outdoor Explorers 2:30-5:00pm	**Activ	rities are subject to	o change.

DECEMBER 2016

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	Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	53	Ġ.	ties are subject to c	hange.	(ORCA Staff Training)	2	3
4	Inspiring Personal Indepe	5	6 AC 3:45-5:45pm Ski /SB Volunteer Info Night Coppa 4-5:30pm	7 MAC/YAC Outdoor Explorers 2:30-4:30pm	8 HC Bowling 6-8pm	9 JAMHI Gingerbread Houses 1-3pm	Ski & Snowboard Volunteer Training Eaglecrest
11 SI	ki & Snowboard Volunteer Training Eaglecrest	12	AC Skating 3:45-5:45pm	MAC/YAC Skating 2:30-4:30pm	HC Bowling 6-8pm	JAMHI Mendenhall Lib. 1-3pm	Nordic Ski Volunteer Training Eaglecrest
18		19	AC Outdoor Explorers 3:45-5:45pm	21 MAC/YAC Outdoor Explorers 2:30-4:30pm	HC Gift Wrapping 6-8pm	23	24
25	Christmas	26 Holiday Break — No Sch	Winter Yout Saturday C 4pm -	reek Cabin	29 HC Game Night 6-8pm Holiday Break — No So	30 Ski Kick-Off Bonfire! Skater's Cabin 1-3pm	31

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ORCA FALL 2015

Fall Courses, Trips, & Events!

HEALTHY CHOICES

Regular Groups & Clubs

YOGA: Sept. 1, 8, 15, 22, & 29

Course: \$25/day or \$100/full course (5 sessions)

ROCK CLIMBING: Oct. 6, 13, & 27

Course: \$25/day or \$75/full course (3 sessions)

Discount Rate: \$35/full course with purchase of

\$50 Month Pass at The Rock Dump Climbing Gym.

SWIMMING: Nov. 3, 17,& 24

Course: \$25/day or \$75/course (3 sessions)

Discount Rate: \$35/full course with purchase of a

\$40.75 monthly swimming pass.

BOWLING: Dec. 8, & 15

Course: \$25/day

GIFT WRAPPING/GAME NIGHT: Dec. 22, & 29

Course: \$10/day (2 sessions)

EVENTS

Annual SAIL Dinner & Auction

When: Saturday, Oct. 8, 2015

Time: 6:00pm

Location: Centennial Hall

Tickets on Sale: Sept. 1st, Purchase at www.sailinc.org.

Annual JSC Ski Sale

When: Saturday, Nov. 5

Time: 9am-12pm

What: Used ski, snowboard & Nordic gear sale

Location: Centennial Hall

ORCA Ski, SB, & Nordic Volunteer Training

When: Dec. 10,11,17

Location: Eaglecrest Ski Area — Porcupine Lodge

Sign-Up: mahleman@sailinc.org or 586-0104

ORCA Ski Kick-Off Bonfire

When: Thursday, Dec. 30, 1-3pm

Location: Skaters Cabin

Pre-Registration: SAIL Office & online www.sailinc.org.

MAC/YAC—Middle/Young Adventure Club - Wednes-

days

Middle/Elementary School Students: 7-14yrs. \$10/activity (+ride)

AC — Adventure Club - Tuesdays

High School Students: 14-18yrs. \$10/activity (+ride)

Healthy Choices (HC)

Adult Healthy Choices group meets every Thursday. \$25/ Activity (+ride) for most activities.

JAMHI Fridays

Twice a month on Fridays. JAMHI consumers only.

TRIPS & OVERNIGHTS

Winter Youth Campout

Come enjoy a winter campout with ORCA at Saturday Creek Cabin at the Eagle Beach State Recreation Area.

Dates: Dec. 27-28 from 4pm-10am

Ages: 7-18yrs

Cost: \$25 for campout includes food and cabin

ORCA San Diego!

Dates: Nov. 6-11

Location: San Diego California

Included: All meals, activities, trip transport & lodging.

Activities: Biking, Beach games, Zoo/Aquarium, Hiking.

Reservations: 50% non-refundable deposit, (& full

payment by **Monday, Oct. 24th**. Partial refunds are only

considered if replacement attendee is found. **Accessibility:** Trip is fully accessible. Two wheelchair spaces available on first come first serve basis.

Note: Participants must be 18 yrs or older to attend trip

Personal Care Givers Individuals are invited to bring per-

sonal care attendants as needed. ORCA is reserving one

paid spot for a PCA.

Limited space!

Call ORCA to reserve space: 586-0104.

Trip Reservations are made with a <u>non-refundable</u> deposit of \$875. Final trip payment is due Monday, October 24th.

