

Only Fools Run at Midnight

**Saturday, June 27th, 2009 11:59pm
in Sitka, Ketchikan & Juneau**

**Registration is now open!
Pre-register to receive our
popular glow-in-the-dark T-shirts!**

This year our theme is "Celebrating Alaska's 50th year of Statehood"! We will also have Special Edition hooded sweatshirts for sale at a great price! Come help SAIL raise funds to continue our programs and services for people with disabilities and the aging community!

There will be prizes for the best "themed" costumes as well as other categories. Ketchikan is hosting a pledge drive again this year. **Ketchikan residents:** you can win great prizes for being a top pledge collector, including 2 RT Tickets on Alaska Airlines. See our website for more information and registration sites in each community. <http://www.sailinc.org>



2009 Only Fools Run at Midnight
June 27th, 11:59pm

Celebrating 50 years of Statehood!

For more info:
Juneau 586-4920
Ketchikan 225-4735
Sitka 747-6859
sailinc.org

A fundraiser to benefit SAIL/ORCA 
SOUTHEAST ALASKA INDEPENDENT LIVING



Satisfaction Survey Enclosed

Inserted in our condensed newsletter is a Consumer Satisfaction Survey. Please take a moment to fill this survey out and return it to the address indicated in the envelope provided. This survey is sent directly to the Statewide Independent Living Council (SILC). None of the staff at the IL centers will see the specific information or comments made. We will receive it in a summary from the SILC. In a nutshell, this survey is our "performance evaluation" written by you; our consumers, our agency partners, our friends and family of consumers, and our donors. This feedback helps SAIL to continually improve our communication and our services in the community. If you would prefer to take the survey online—you can do so by going to: http://www.surveymonkey.com/s.aspx?sm=6hxxXYicWYbnCRVr2TEDdg_3d_3d, or by phone, call the SILC toll-free at: 1-888-294-7452.

SAIL Ketchikan is twittering with changes!

Do you tweet? Visit our new twitter page regularly to get updates on schedules and activities. <http://www.twitter.com/sailktn/>

Coming soon to Twitter....

SAIL Juneau and SAIL Sitka! Watch for us, track us and let us know how we are doing!

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SAILing Departure & Arrival Info.....

You may have noticed some new faces, voices and names in our offices (Sitka, Juneau & Ketchikan) lately. SAIL has bid a fond farewell to some of those familiar faces and names, and welcomed with open arms new staff in all 3 of our main offices. Sadly, Jeff Irwin, IL Specialist (Juneau) has moved on to other projects in his life. Jeff's last day was in mid-May. Barb Morse, IL Specialist (Sitka) has also moved on. Most of you already knew that Sarah Bosma, IL Supervisor & Benefits Specialist (Juneau), left SAIL recently to join the team at the Office of Public Advocacy. But Sarah is still contracting with SAIL for some specific services (see story below). The great news is that SAIL has hired some fantastic people to add to our team in all 3 communities.

In Juneau, we are please to announce that Jordan Nigro has accepted the position of Deputy Director and will join our staff in mid July. Jordan comes to us with years of experience in social services, and most recently, Jordan was employed at Juneau Youth Services as the Residential Director. Tristan Knutson-Lombardo has joined our Juneau ORCA program as the ORCA Team Leader. Tristan is a recent graduate of Willamette University and has been a long time volunteer at SAIL helping us coordinate our Only Fools Run at Midnight. Mary Hewson also joined the Juneau crew as our new Office Manager. Mary brings years of experience working in social services for the Tlingit community, and prior to SAIL, she worked at Tribal Vocational Rehabilitation (TVR). Danielle Lindoff has changed positions in the Juneau office from Office Manager to a full-time IL Specialist.

In Ketchikan, we are pleased to introduce Ruth Dulin a new part time IL Specialist. Ruth writes this about herself, "I'm Ruth Dulin, the new Independent Living Specialist in Ketchikan and here to help Kevin as much as possible. Our family has lived in Alaska since 1981 (minus five years in Israel), and that's the length of time I've known I had multiple sclerosis. I'm in a wheelchair because of my disability. By and large I consider this an interesting unfolding of my life's journey (though there are also dark times). I want to learn from other people's strengths, and encourage the growth of my own by giving what I can to SAIL and our consumers. I'm looking forward to my new position here at SAIL."

In Sitka, we are happy to announce the hiring of Bridget Kauffman as a part time IL Specialist. Bridget has jumped into her new position with both feet and is doing a wonderful job in that community.

Please help us welcome all of our new staff!

Speaking of Departures and Arrivals:

While Sarah Bosma, SAIL CWIC certified Benefits Counselor, took a full-time job with the State of Alaska, she is continuing to work for SAIL and for you, the consumer, in doing person-directed benefits planning. Shortly after Sarah started at the State, she earned approval to continue to work for SAIL as the lead benefits counselor. If you have questions about how your Adult Public Assistance and Social Security benefits, along with your Medicare and Medicaid coverage may change with work, please call SAIL or talk with your Tribal or State Vocational Rehabilitation Counselor about having a benefits analysis done. "My job is to work for the consumer, to answer their questions and take the 'scariness' of going back to work out of the process. Many people are nervous about working, and earning money, and how it will affect their Medicaid, or monthly payments from the SSA, or public assistance. My job is to answer those questions thoroughly and accurately so you feel better, more sure about how things will happen, why they happen and when they will happen when you combine income with your benefits," says Bosma. SAIL is lucky to have Danielle Lindoff coming on board in the near future as another certified CWIC (Community Work Incentive Coordinator) benefits counselor. Together, Sarah and Danielle can help you feel more comfortable about your choices in returning to work, so call SAIL today for more information or talk to your VR counselor about a benefits counseling referral.

In Brief.....



Hi this Pam Mueller -Guy, IRL Services Coordinator SAIL. I wanted to let you know that I will be going to school for four weeks in Oregon from June 21 to July 16 to take undergraduate courses for rehab counseling for the deaf and hard of hearing adults. I received a scholarship for this educational opportunity and I will also be taking upper division classes like ASL 4! Because of this—the Deaf Support Group and Interpreter Support Group and Deaf Coffee will not be meeting in June or July. We will re-start the programs in August! Have a good summer and remember if you are in need of an interpreter, the office will be handling the requests and we will be having some of the interpreters check in with the office in case they are needed. While I am gone—you can call the main office number from your TTY or with Alaska Relay (907-586-4920). Or you can send an email request to IRL@sailinc.org. This is a new e-mail address—and is **ONLY** for Interpreter Requests or questions about an Interpreter Request. Have a fun summer and a safe 4th of July!



Hi this is Doug Fanyak, ADRC Coordinator for SAIL. Because SAIL is an ADRC, we wanted to let you know of a new tool that is now available for finding resources in your community. We are proud to announce our formal partnership with the Alaska 211 system. If you know what 911 is and what it does, then think of 211 as the number to find appropriate health and human services in your area! 211 has an up-to-date resource directory for services throughout the state. I've toured their facility in Anchorage and was thoroughly impressed with the friendliness of their operators and the amount of information they had just one click of the mouse away! Please visit their website at: <http://www.alaska211.org> or contact your local SAIL office!



Hi this is Linni Esther, the Independent Living and Employment Specialist, involved with the **RecWorks!** Program in Juneau. I'm happy to announce the successful completion of the first round of teaching of this pilot project to a group of Juneau Douglas High School students! Five students desiring employment, who also qualified for services from the Alaska Division of Vocational Rehabilitation (ADVR), took advantage of this opportunity to learn pre-employment skills and have fun in the process. In addition to the course work, games and fieldtrips, for several weeks the majority of the students also participated in a Work Experience at the UAS Cafeteria, managed by Carol Young. The employment site was developed by Beau Kelly of ADVR. The student workers were supported by JDHS special education teacher Don Jackowick, JDHS teaching aide Kira Kiel, and Community Resource Provider Tracy Lee. The collaboration of support that made this Work Experience possible proved an invaluable contribution to this **RecWorks!** training, as the students were able to use all the skills they had been learning in a supportive work environment!



Hi This is Kate Walters, the Program Director for the Outdoor Recreation and Community Access Program (ORCA). There are a couple of opportunities that I wanted to highlight for you.

DayHab:

Are you on the state wait list for Developmental Disability Services? If so, you may be eligible to receive reduced activity costs and scholarships! Please contact your local ORCA coordinator for more information.

Haines and Canadian Roadtrip:

ORCA is heading to Canada, July 26th - 30th. Trip cost is \$400. A passport or passport card is required for this trip. Following the road trip to Canada, ORCA will head to the Haines State Fair July 31st through August 2. Trip cost \$225. If interested in either trip, please contact the Juneau ORCA office at 586-0104. Don't forget to check your ORCA Activity Calendars for all of our upcoming exciting summer events! If you did not receive a calendar please call us so that we can get you one.



Don Brandon, the director of BluePath and DBTAC (Disability and Business Technical Assistance Center) Northwest, was in Juneau during the first week of June and partnered with SAIL on a variety of projects. There is no cost for this process, or for the free marketing BluePath can provide should you qualify for membership. If you need to add or modify accessible features, DBTAC Northwest provides free technical assistance and recommendations. BluePath will be an online directory of businesses that have committed to the issue of accessibility. BluePath seeks to promote businesses that welcome people with disabilities as valuable customers. Through targeted marketing and an interactive website, BluePath provides: A way for businesses to reward themselves with visibility and new customers; A venue for communication between businesses and their customers; Useful tools for businesses to reduce confusion about accessibility issues; Information for people with disabilities about where to shop, dine or go for fun. Find DBTAC at <http://dbtacnorthwest.org/>



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- ▣ Joe Tompkins ▣ Sam Wright

Public Participation is encouraged at the monthly board meetings! Our Board meets every 4th Tuesday at the SAIL Juneau office at 5:45pm. If you are interested in attending, and do not live in Juneau, you may contact us at 1-800-478-7245 to make arrangements for other locations, or to get access to the teleconference line so that you can call in. For more information on SAIL, or how to become a volunteer , please contact your local SAIL office at the numbers below:

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