#### May 2016

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1	2	3 AC Biking 3:45-5:45 pm	MAC Biking 3:00-5:00 pm	5 YAC Biking 2:30-4:30 pm HC-Biking 6:00-9:00 pm	6	7 Summer Volunteer Training 10:00-2:00 pm
8	9	AC Outdoor Adventures 3:45-5:45 pm	MAC Outdoor Adventures 3:00-5:00 pm	12 YAC Outdoor Adventures 2:30-4:30 pm HC-Biking 6:00-9:00 pm	JAMHI Bike and Hike 1:00-3:00 pm	SAIL Annual Spring Picnic! 11:00-1:00 pm
15	16	AC Biking 3:45-5:45 pm	MAC Biking 3:00-5:00 pm	19 YAC Biking 2:30-4:30 pm HC-Biking 6:00-9:00 pm	20	ORCA Wildlife Cruise! 12:00-3:00 pm
22	23	AC Outdoor Adventures 3:45-5:45 pm	MAC Outdoor Adventures 3:00-5:00 pm	26 YAC Outdoor Adventures 2:30-4:30 pm HC-Biking 6:00-9:00 pm	JAMHI Picnic on Douglas 1:00-3:00 pm Last Day of School	28
29	30  Memorial Day ORCA Office Closed	31	1 **Ac	2 ctivities are subject	ct to change.	ing Personal Independence

#### June 2016

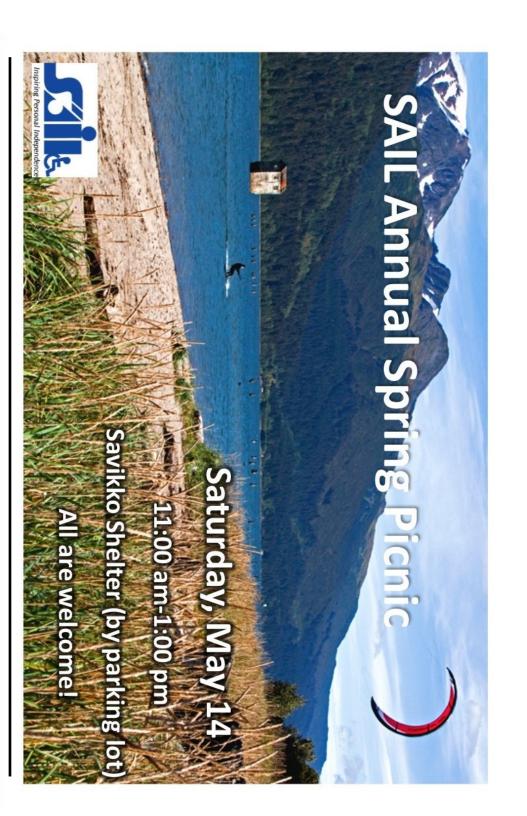
Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday		
Inspiring Personal Indeper	**Activities are su	ibject to change.	Mendenha	2 Campout of Campground of - 10am	JAMHI Fishing 1:00-3:00 pm	4 REQUIRED HC- Kayaking Safety Training @ The Diamond Park Pool 5:30-8:30 pm		
5 Learn to Adapt Day	6	7 NOAA S	11					
12:00- 4:00 pm		Auke Bay Laborat	ories 9am-4pm—(/	Application Required & HC- Kayaking 6:00-9:00 pm	Limited Space Availab	le)		
12	13	14 H2Awes	15 ome Youth Camp (	16 Ages 7-18)	17	18		
		Zach Gordoi	n Youth Center — 1					
19	20	Camping	22 ut (14-18yrs) <i>Cove Cabin</i> n-2pm	23 HC- Kayaking 6:00-9:00 pm	24 JAMHI Kayaking 1:00-3:00 pm Berners Bay Trip Meeting 5:00-6:00 pm	25		
26	27	28	29	30	1			
Berners Bay Kayak Adventure								
<u> </u>	See Last Pages for Details							

### July 2016

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Inspiring Personal Indepen	<u>E</u>	subject to change.			1	2
3	4  4th of July  ORCA Office Closed	5	6 MAC/YAC Saturday Ci 2pm-10ai	reek Cabin	JAMHI N. Douglas Bonfire 1:00-3:00 pm	9
10	11		13  Youth Camp (Agestanvas — 12:30-4:3	-	15	16
17	18	19	20	21 HC- Tram Hike 6:00-9:00 pm	22 JAMHI Berry Picking 1:00-3:00 pm  Denali Trip Meeting 5:00-6:00 pm	23
24	25	26	27 Denali	28	29	30
	ı		See Last Pages for	НС		
				Berry Picking 6:00-9:00 pm		

#### August 2016

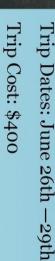
Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	Auk Nu Ca	2 Campout Impground 10am	3	HC Fishing 6:00-9:00 pm	5	6
7	8	9	10	HC Fishing 6:00-9:00 pm	JAMHI Berry Picking 1:00-3:00 pm	Zipline With ORCA @ E.C. Ski Area 2:00-4:00 pm
14	15	16	17 School Starts	HC Fishing 6:00-9:00 pm	19	20
21	22	AC Biking 3:45-5:45 pm	MAC Biking 3:00-5:00 pm	YAC Biking 2:30-4:30 pm HC-Fishing 6:00-9:00 pm	JAMHI Fishing 1:00-3:00 pm	27
28	29	30	31	*Activities are subj	ect to change.	Diring Personal Independence



# ome Paddle in Berners Bay with ORCA!

Paddle to a favorite Juneau cabin!
Relax on the beach, fish from the shore, hike the trails and enjoy exploring this special bay with friends!

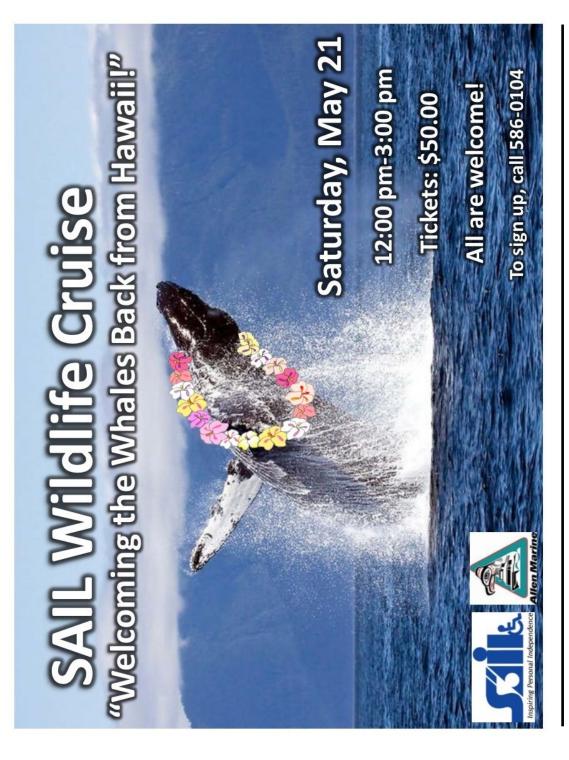








Inspiring Personal Independence





# RCA SUMMER 2016

# Courses, Camps & Events!

YOUTH DAY CAMPS

# AHELINEH **CHOICES COURSES**

BIKING: May 5, 12, 19, & 26

OPEN: Ages 18+

Course: \$25/day or \$75/course (4 sessions)

KAYAKING: June 4 (Required Safety Course),

9, 16, & 23

**OPEN:** Ages 18+

Course: \$25/day or \$75/full course (4 sessions)

Capstone Trip: Berners Bay Kayak Adventure

Dates & Cost: June 26-29th. \$400

Participants must attend at least 3 days of the course & be 18 yrs and older to attend trip.

Call ORCA office for more details

HIKING July 7, 14, 21 & 28

OPEN: Ages 18+

Course: \$25/day or \$75/full course (4 sessions)

Capstone Trip: Denali

FISHING August 4, 11, 18 & 25

OPEN: Ages 18+

Course: \$25/day or \$75/full course (4 sessions)

#### Ages: All Youth - Ages 11-15 Date: June 6-11 NOAA Sun to Sea Youth Science Camp An inclusive camp presented by: NOAA & ORCA

Camp: \$240/week (6 days) \*financial aid available Time: 9:00am—4:00pm

Sign-Up: Application Required, Limited Space Available

# **H2Awesome Youth Camp**

An Inclusive camp presented by: ZG Youth Center & ORCA

Date: June 13-17

Ages: All Youth - Ages 7-18

Camp: \$25/day or \$100/week (5 days)

**Time:** 12:30pm—4:30 pm

Sign-up: Open until filled

# Art N' Action Youth Camp

An Inclusive camp presented by: The Canvas & ORCA

Dates: July 11-15

Ages: All Youth - Ages 7-18

Camp: \$25/day or \$100/week (5 days)

Time: 12:30pm—4:30pm

Sign-Up: Open until filled

## CAMPOUTS

# Healthy Choices (18 yrs+): June 1-2

Location: Mendenhall Campground

AC Youth Campout (14-18 yrs): June 21-22

**Location:** Camping Cove Cabin

MAC/YAC Youth Campout (7—14 yrs): July 6-7

**Location:** Saturday Creek Cabin

JAMHI (JAMHI Consumers only): August 1-2

Location: Auk Village Campground

Details for all Overnight Campouts.

Campout: \$25/person

Packing Lists & Equipment: Available upon request.

**Meals:** Dinner & Breakfast Provided

## EVENTS

# **ORCA Annual Wildlife Cruise!**

When: May 21st 12:00—3:00 p.m.

**Cost:** \$50

Tickets on Sale: May 1st, Purchase at www.sailinc.org.

## Learn to Adapt Day!

When: Sunday, June 5th

Who: All people experiencing a physical disability

Cost: Free!

Location: Twin Lakes - 12:00-3:00pm

# Alaska Zipline Adventure Tour

When: August 13

Cost: \$75/person

**Location:** Eaglecrest Ski Area

Call for more details.

# SIGN-UP FOR AUTO-PAY

# The ORCA Program is now set-up to accept auto-bill pay.

Contact ORCA at 586-0104 to set-up your account and make activity payments fast and easy! Participants are encouraged to pay monthly or in advance of activities.

## **ORCA Activity Costs**

All Youth Activities: \$10

# **Transportation Costs**

One Way Ride: \$2

# Round Trip Ride: \$4

Healthy Choices Costs

Per Session: \$25/session 4-Weeks: \$75/course

# **Scholarships & Trip Costs**

Our programs are provided to participants regardless of ability to pay.

Visit <u>www.sailinc.org</u> or call 586-0104 for more info.

# **FAMILIES** & CAREGIVERS WELCOME!

Direct Service Professionals, Caregivers, and family members of OR-CA Participants are welcome to join the fun! Discover new tools and tips to help get more people of all ages accessing the outdoors and realizing their potential through recreation and inclusive community events.

## ALL NEW!

# HEALTHY CHOICES EVERY THURSDAY!

All new Healthy Choices every Thursday evening from 6:00— 9:00 for the full summer! Come bike, kayak, hike, fish and adventure with your pals! \$75 for a full month of activity or \$25 for one activity.

3225 Hospital Dr, Suite 300, Juneau, Alaska 99801, 1-800-478-SAIL, ph/tty: 907-586-4920, fx: 907-586-4980

