January 2015

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Inspiring Personal Indep	E.	e subject to chang	e.	New Year's Day ORCA Office Closed	2	3 Ski/SB Lessons Eaglecrest Ski Area
4 Ski/SB Lessons Eaglecrest Ski Area	5 ORCA Office Closed	6 MAC/AC Snow Adventures 3:00-5:30pm	7 OPEN Skating 11am-12pm YAC Skating 2:30-4:30pm	8 HC Bowling 6-8pm	9	Ski/SB Lessons Eaglecrest Ski Area
Ski/SB Lessons Eaglecrest Ski Area	12	MAC/AC Nordic Skiing 3:00-5:30pm	YAC Nordic Skiing 2:30-4:30pm	15	JAMHI Mendenhall Visitors Center 1-3pm	Ski/SB/Nordic Lessons Eaglecrest Ski Area
18 Learn to ADAPT Day! Ski/SB Lessons Eaglecrest Ski Area	MLK Day No School	20 No School	YAC Skating 2:30-4:30pm	22	23	24 Ski/SB/Nordic Lessons Eaglecrest Ski Area
Ski/SB Lessons Eaglecrest Ski Area	26	MAC/AC Nordic Skiing 3:00-5:30pm	YAC Nordic Skiing 2:30-4:30pm	29	JAMHI Nordic Ski & Bonfire 1-3pm	31 Ski/SB/Nordic Lessons Eaglecrest Ski Area

February 2015

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Inspiring Personal Indep	£.	subject to change.				
Ski/SB Lessons Eaglecrest Ski Area	2 ORCA Office Closed	MAC/AC Snow Adventures 3:00-5:30pm	YAC Snow Play 2:30-4:30pm	5 HC Nordic Ski & Bonfire 6-8pm	6	7 Ski/SB/Nordic Lessons Eaglecrest Ski Area
8 Ski/SB Lessons Eaglecrest Ski Area	9	MAC/AC Nordic Skiing 3:00-5:30pm	YAC Nordic Skiing 2:30-4:30pm	12 No School	JAMHI Yoga 1-3pm No School	Ski/SB/Nordic Lessons Eaglecrest Ski Area
Ski/SB Lessons Eaglecrest Ski Area	President's Day No School	MAC/AC Snow Adventures 3:00-5:30pm	YAC Snow Play 2:30-4:30pm	19	20	Ski/SB/Nordic Lessons Eaglecrest Ski Area
Ski/SB Lessons Eaglecrest Ski Area	23	MAC/AC Nordic Skiing 3:00-5:30pm	YAC Nordic Skiing 2:30-4:30pm	26	JAMHI Sledding 1-3pm ORCA Ski Trip to JNU	28 Ski/SB Lessons Eaglecrest Ski Area Mid-season Party @ Bullwinkles! 4-6pm

March 2015

	Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Ins	spiring Personal Indepe	**Activiti	es are subject to ch	ange.	26	ORCA Juneau Ski	28 Ski/SB Lessons Eaglecrest Ski Area Trip
1	Ski/SB Lessons aglecrest Ski Area	2 ORCA Office Closed	3 MAC/AC Snow Adventures 3:00-5:30pm	YAC Snow Play 2:30-4:30pm	5	JAMHI Nordic Ski & Bonfire 1-3pm	7 Ski/SB Lessons Eaglecrest Ski Area
8 E	Ski/SB Lessons aglecrest Ski Area	9	MAC/AC Snowshoeing 3:00-5:30pm	YAC Snowshoeing 2:30-4:30pm	HC Snow Shoeing 6-8pm	13	14 Ski/SB Lessons Eaglecrest Ski Area Women's Yes You Can!
15 Ea	Ski/SB Lessons Iglecrest Ski Area	16	17 Spring	18 Break - No S	19 School	JAMHI St. Therese Shrine 1-3pm	Ski/SB Lessons Eaglecrest Ski Area
29	Lessons aglecrest Ski Area	30	24 MAC/AC Snow Adventures 3:00-5:30pm 31 MAC/AC Snowshoeing 3:00-5:30pm	YAC Snow Play 2:30-4:30pm	26	27	Ski/SB Lessons Eaglecrest Ski Area

APRIL 2015

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Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Inspiring Personal Indepen	£	abject to change.	YAC Snowshoeing 2:30-4:30pm	HC Sandy Beach Bonfire 6-8pm	JAMHI Snowshoe & Bonfire 1-3pm	Ski/SB Lessons Eaglecrest Ski Area
5 Ski/SB Lessons Eaglecrest Ski Area	6 ORCA Office Closed	7 MAC/AC Outdoor Explorers 3:00-5:30pm	8 YAC Outdoor Explorers 2:30-4:30pm	9	JAMHI Coffee & Jam Alaska Folk Fest 1-3pm	Ski/SB Season Celebration & Awards Eaglecrest Ski Area
Ski & Snowboard Volunteer Appreciation Day! Eaglecrest	13	Sea	15 sonal Admin Sess	16 ion—No Activities	17	18
19	20 21 22 23 24 Seasonal Admin Session—No Activities				24	25
26	27	MAC/AC Biking 3:00-5:30pm	29 YAC Biking 2:30-4:30pm	30	1	2

ORCA WINTER 2015

Announcements!

ORCA Ski/Snowboard/Nordic Season is Coming!

Season begins Jan. 3, 2015 Lessons & Ski Buddies



Half & Full Day





Ski Trip to Juneau

board or Nordic ski at Eaglecrest Ski Area. of Sitka, Ketchikan & Haines are welcome to sign-up Participants from other Southeast Alaska communities for the annual ORCA Ski Trip to Juneau to ski, snow-

Trip Dates: Feb 27th—March 2, 2015

Cost: \$500 + transportation to/from Juneau

Sign-Up: \$250 Deposit to reserve space

Contact: ORCA Juneau (907)-586-0104

Volunteers!

The ORCA Adaptive Ski, Snowboard & Nordic Program volunteers don't need to be experts to offer valuable is looking for volunteers! Experience in snowboarding, alpine and Nordic skiing are important, but assistance to adaptive participants

Volunteering with the ORCA program can earn you FREE Eaglecrest lift tickets and lessons.

For more information, call 586-0104 or email mahleman@sailinc.org.

Regular Activities œ Clubs

Elementary Students: 7-11yrs. \$10/activity (+ride) — Youth Adventure Club - Wednesdays

Middle School Students: 12-14yrs. \$10/activity(+ride) MAC — Middle Adventure Club - Tuesdays

AC — Adventure Club - Tuesdays

High School Students: 14-18yrs. \$10/activity (+ride)

Adults: 17yrs.+ \$10/activity (+ ride) Healthy Choices (HC) - First Thursday each Month

JAMHI consumers only **JAMHI Fridays** Twice a month on Fridays

The ORCA office will be closed every Monday during Ski Season (January-April).

Pick-Up & Drop-Off Locations

seasonal Courses: Pick-up locations for ORCA Adult Healthy Choices (HC) & Please call the ORCA Office to schedule transportation.

Mendenhall Mall (near NAO)

Wal-Mart

Blockbuster (downtown)

Douglas Breeze-In



ORCA 2015 LESSON & TICKET PRICES

ADAPTIVE SKI & SNOWBOARD PROGRAM

Adaptive Ski & Snowboard Lessons

Half Day Lesson: \$45 Full Day Lesson: \$75

*Includes: Eaglecrest Lift Ticket, Adaptive equipment, Trained Adaptive Instructor



Adaptive Ski Buddy

Half Day Ski Buddy: \$20

Full Day Ski Buddy: \$30 (For intermediate or advanced skiers only)

*All mountain Eaglecrest lift ticket, Trained Adaptive Volunteer Ski Buddy



Adaptive Full Day Lesson Combo

Half Day Lesson + Half Day Ski Buddy: \$50

*Includes: Eaglecrest Lift Ticket, Adaptive equipment, Trained Adaptive Instructor & Ski Buddy

Nordic Ski Lessons

Half Day Lesson: \$25

*Includes: Trail Fee, Adaptive equipment, Trained Adaptive Instructor



Rental Equipment

Equipment rental: \$10

Alpine Skis, Snowboards or Nordic Skis



Accessible Transportation

Bus: \$6 One Way; \$10 Round Trip



Scholarships

Financial Aid: Scholarships are available based on financial need. Contact ORCA for more information.



SKI & SNOWBOARD INFO

ORCA Ski & Snowboard Lessons begin: Jan. 3, 2014 ORCA Nordic Lessons begin: Jan. 17, 2014

ORCA Ski/SB Locker - Open!

Great News! ORCA again has a ski locker at Eaglecrest! Store 1 pair of skis in the ORCA locker for the season for \$60.00. Available on a first come first serve basis. Contact the ORCA office if you are interested 907-586-0104.

Pick-Up Locations

ORCA provides accessible transportation to and from Eaglecrest in the morning and late afternoon. No mid-day transportation is provided. Participants in half-day lessons must arrange additional transportation if arriving or leaving at Eaglecrest at mid-day.

ORCA picks-up at the following locations:

	Pick up	Drop off
Mendenhall Mall	8:45am	4:05pm
Walmart	8:55am	3:55pm
Blockbuster (downtown)	9:05am	3:45pm
Douglas Breeze-In	9:15am	3:40pm





SIGN-UP FOR AUTO-PAY

The ORCA Program is now set-up to accept auto-bill pay.

Contact ORCA at 586-0104 to set-up your account and make activity payments fast and easy! Participants are encouraged to pay monthly or in advance of activities.

ORCA Activity Costs

All Youth Activities: \$10
Healthy Choices: \$10

Transportation Costs

One Way Ride: \$2 Round Trip Ride: \$4

Open Course Costs

Per Session: \$25/session 5-Weeks: \$100/course

Scholarships & Trip Costs

Visit <u>www.sailinc.org</u> or call 586-0104 for more info.

FAMILIES & CAREGIVERS WELCOME!

and tips to help get more people of all ages accessing the outdoors ORCA Participants are welcome to join the fun! Discover new tools Direct Service Professionals, Caregivers, and family members of and realizing their potential through recreation and inclusive community events.

ON THE WAIT LIST FOR WAIVERED STATE SERVICES?

Anyone who has applied for waivered services through the State of Alaska, and are on the wait list may be eligible for reduced costs for ORCA activities.

Please contact us for more information.

3225 Hospital Dr, Suite 300, Juneau, Alaska 99801, 1-800-478-SAIL, ph/tty: 907-586-4920, fx: 907-586-4980

